

## How Alcohol and other Drug Misuse/Abuse Affects our communities

## The Workplace

Regardless of stereotypes and myths defining substance abuse/misuse addiction, the majority are either full- or part-time employees. *And yes, showing up for work under the influence tends to happen regularly.* The workplace suffers from substance abuse/misuse through; errors in judgment,



Are Drugs
affecting your
business and
our
communities?



Alcohol & other Substance Abuse/Misuse even just on weekends and social occasions ("recreationally"), do not just affect you. *They affect your body, your relationships and our communities.* 

Who are you putting at risk to get your high?

Think before you choose to use!!

moodiness, missed deadlines, and depending upon the job description, public safety can be at risk as well.

Drug alcohol and misuse/abuse costs vour both time company money in the form of decreased productivity increased absenteeism - not to mention accidents, insurance claims and higher healthcare expenses. To stay competitive,

businesses must look for ways to alleviate employee addictions and promote a healthy, productive work environment.

Because there are different aspects of substance misuse/abuse, so too are there different avenues that are effective means of overcoming and addressing these issues. Outpatient programmes and Inpatient programmes are available in the Cayman Islands and are offered for those who want to change their habits through well established programmes and qualified staff. Service providers such as the **Department of Counselling Services 949-8789**, **The Wellness Centre 949-9355**, **Employee Assistance Programme 949-9559** and **Solutions Ltd. 949-1327** in The Cayman Islands offer a variety of treatment options. Call them today for more information.

The NDC is available to assist your business, organization or agency in the establishment of workplace policies to address alcohol and other substance use in the workplace to meet individual business practices. Please call us at 949-9000 or email us at <a href="mailto:info@ndc.ky">info@ndc.ky</a> for more information. We look forward to hearing from you!

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