



NDC RESOURCE & REFERRAL GUIDE

Al-Anon

Phone: 9288843
Email: caymanalanon@gmail.com

Alcoholics Anonymous

Phone: (345) 926-9044
Email: Cayman@yahoo.com
www.cayman.org

Aspire

Unit A13, Crown Square Plaza, Eastern Avenue
Grand Cayman KY1-9006 Cayman Islands
Ph: (345) 743-6700

Behavioral Health Associates Cayman

(BHAC)
64 Hospital Road
P.O. Box 10509, Grand Cayman
Ph: (345) 746-0066 Email: info@bhac.ky

Bethesda Counseling Centre

Ph: (345) 946-6575
or (345) 923 6488

Bridge Foundation Cayman Islands

P.O. Box 1 Hell, West Bay
Ph: (345) 928-9099
Email: tbfcayman@gmail.com

Caribbean Haven Residential Centre

2049 BT Road
P.O. Box 10142 KY1-1002
Ph: (345) 947-9992

Department of Counselling Services

P.O. Box 10142 Grand Cayman KY1-1002
Phone: (345) 949-8789

Employee Assistance Programme (EAP)

P.O. Box 10712, Grand Cayman KY1-1006
Phone: (345) 949-9559
Email: eapci@candw.ky

Hope For Today Foundation

Phone: (345) 928-9099

Infinite Mindcare Cayman

Centennial Towers
Grand Cayman
Cayman Island
Ph: (345) 926 0882
Email: info@infinitemindcare.com

Life Options

80 Shedden Road
Grand Cayman, Cayman Islands
Ph: (345) 949 5433
Email: info@lifeoptions.ky

Narcotics Anonymous

Ph: (345) 929 6262

OnCourse Cayman

Suite 130, Windward 1 Regatta Business Park George Town, Grand Cayman Cayman Islands
Ph: (345) 745-6463
Email: abodden@oncourse.ky

Solutions Ltd

P.O. Box 2392
Grand Cayman KY1-1105
Phone: (345) 949-1327
Email: info@solutionsltd.ky

The Wellness Centre

P.O. Box 10462,
Grand Cayman, KY1-1004
Phone: (345) 949-9355
Email: info@wellnesscentre.ky