OUR FIVE SENSES



Attention, friends! Today, we are going on an exciting adventure to learn about our amazing five senses. Our five senses help us understand and explore the world around us.





Our first sense is the sense of smell. Eli loves the smell of flowers. He takes a deep breath and inhales the wonderful aroma.

Our nose helps us to smell different things, like hot cocoa, food, and even stinky socks!



Next, we have the sense of touch. Mia is very curious and wants to touch everything she finds. She carefully touches a prickly cactus and feels its spines.



Our skin and hands help us to feel the world around us, whether it's soft, rough, or even ticklish!





Now let's talk about the sense of sight. Liam loves exploring with his magnifying glass. He looks closely at the things around him.

Our eyes help us see colors, shapes, and all the beautiful things in our world.



Our sense of hearing is truly amazing. Ava loves listening to music using her headphones. She closes her eyes as she enjoys the music from her favorite singer.



Our ears allow us to hear the sound of music, birds chirping, and the voices of our loved ones.





Next, we learn about the sense of taste. Noah enjoys a tasty pizza. As he takes a bite, he experiences different flavors: salty, sweet, and tangy.

Our tongue helps us taste all sorts of yummy foods and drinks.



We have explored our five senses and learned how each one helps us understand the world. With the help of our five senses, we can discover endless wonders and make every day an amazing adventure!



REFLECTION TIME

It's time to use our five senses to explore and discover the world around us. Now, try to focus on your surroundings.

Use your eyes. What do you see?

Use your ears. What do you hear?

Use your nose. What do you smell?

Reach out and feel the objects around you. How does it feel?

Take a small bite of something yummy nearby, like a fruit or a cracker.

Pay attention to the flavors dancing on your tongue.