Educator's Guide

This fun and simple activity helps students improve their hand-eye coordination and cognitive skills by following colours circles and placing their hands on matching coloured hand.

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Materials:

- Projector/Smartboard to display the activity
- Activity print-out (optional)

How to Play:

- Introduce the activity: Explain that students will follow the path of coloured circles and place their hands on the matching coloured handprints.
- Example: "We're going to play a fun game! When you see a coloured circle, find the matching colour on the handprint and place your hand there."

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Demonstrate the Actions:

- Show students how to follow the colour sequence and match their hands to the corresponding coloured handprints.
- Example: "When I say red, look for the red handprint, and place your hand on it. Then, move to the next colour."

Wrap-Up:

Have students do one final fast round where they follow the colors quickly.

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Encourage Participation:

- Keep the energy high and cheer on the students as they move between the colo s.
- Example: "Wow, look at you go! You found the red circle so fast! Now, can you find yellow?"

Tips:

- Keep it high-energy and fun!
- Adapt for different age groups.

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Brain Boosting Activity for Kids

