

# POST THE TRUTH GUIDELINES

## OVERVIEW

Art has the power to educate and inspire change! Students are invited to participate in our poster competition “Post the Truth”. This competition aims to harness the creative force of art to raise awareness about the teen vaping epidemic and highlight healthier lifestyles and positive choices. Participants are encouraged to create visually impactful posters that educate, inspire, and advocate for positive choices.

**THEME :** *Clear the Air: Vaping Facts*

## GUIDELINES

- **Guidelines:**

- Encourage students to do some research and find factual information about vaping using credible sources. We recommend starting with the following sources:
  - [www.talktofrank.com/drug/vapes](http://www.talktofrank.com/drug/vapes)
  - [www.nida.nih.gov](http://www.nida.nih.gov)
  - [www.cdc.gov/tobacco/e-cigarettes](http://www.cdc.gov/tobacco/e-cigarettes)
- Encourage students to convey the risks and consequences of vaping including the impact on academic performance, social relationships, and overall health & well-being.
- Encourage students to highlight positive choices teens can make to protect their health.